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Survey of Medicinally Important Roadside Vegetation of Bhilai Township

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Abstract: The survey report shows that 927 medically important plant species were present at roadside of Bhilai township plant species found in following manner 53% > 27% > 12% > 8% for herb, tree shrubs and climber vegetation at road side of Bhilai township. It was also note that family Asteracae and family fabaceae shows maximum plant species in all categories. It was observed that leaves, root, stem, bark are used for various ailments. Whole part of the plant was used maximum for treatment than leaves, bark, fruit and seed were used as medicine survey indicates that the knowledge of indigenous medicinal plant are not sufficient so, there is urgent need of detailed experiments and investigations.

Keywords: Weed flora, medicinal properties

1. Introduction

Chhattisgarh a nascent state of India was born on November 1st 2001; It lies in the eastern part of India between 17°46 'N 24.06N latitude and 80.15 E and 84°51 E longitude. Our forest is 44% of the 56, 44859 km. The state comes under Deccan biogeographically zone with its unique and rich biological resources and various medicinal herbal flora. The rainfall depends on the southwest monsoon and average between 1200 mm. and 1600 m. Bhilai is a industrial city having lush green as compared to other industrial cities of Chhattisgarh because many trees are planted either side of the most of the roadside and open barren land of Bhilai, a two decade age. So Bhilai Nagar is famous for wide diversity of herbal and food trees also. In the written record, the study of herbs dates back over 5000 year to the Sumerian who described well established medicinal uses for plants. Ancient Egyptian medicine of 1000 BC is known to have used of wild flora and other plants. Emperor Ashoka made a rule of tree plantation on either side of the road. 14th century Emperor Firoj Shab and Tughlak Shahhad also made law for tree plantation on both side of the road.

Several workers studied the medicinal properties of plant via Gangwar et al. (2010), Pati and Agrawal (2010), Sinha (2013), Arvind et.al. (2005), Pandey and Khan (2014), Pandey et al. (2014), Pandey and Bhandari (2014) to understand the uses of plant species to cure various elements. In Bhilai Nagar numerous trees were planted by State Forest Department on both side of the road and barren area of the city. The existing trees and naturally grown up wild weed flora around these trees are not well documented. It has become a normal sight to see that large trees being cut uprooted or falling victim to termite and fungal attack. no

one seems to care about them. Therefore the present survey deals the actual status of plant species and their medicinal properties which are very essential to make more sense to monitor this green public wealth.

2. Material and Method

In the present study, Line-transect method was used for sampling, the trees and associated weed plants and shrubs and herbs. Whole city was divided into ten segments. Only angiosperm plants of each unit area had been studied. Collected plants were brought to the laboratory for botanical diagnosis, their detailed information pertaining to the botanical name Vernacular name, Family name and Medicinal uses etc. The actual plant health status was also recorded. The collected plant specimens were maintained in the form of Herbarium.

3. Finding and Observation

The present study investigated that total 927 plant species were recorded. In which 100 plants have curative properties belonging to 33 families of trees, shrubs including small trees. Herbs and climbers in different study area of Bhilai Nagar. Survey report shows that 53% of herbs, 27% trees, 12% shubs & 8% climbers are present in which *Cuscuta reflexa* is a parasitic plant *Tinospora cardifolia* is a Lianias species other climbers are *Asperagus rugosus*, *Abruscisus precatorius* are commonaly found in the area on the basis of plant parts used. It was observed that leaves, roots, stem bark are used for various ailments whole part of the plant is used maximum for treatment than leaves, bark, fruit and seed are used as medicine.

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Table 1: Systematic Position and Enumeration of Herbs and their Uses

| | <u>*</u> | | d Enumeration of H | | , |
|------|-------------------------------------|-----------------|--------------------|---------------------|--------------------------------------|
| S. N | Botanical Name | Vernacular Name | Family | Plant Part(S) Used | Treatment |
| 1. | Parthenium hysterophorus Linn. | Gajar ghans | Asteraceae | Leaves, root | Skin problem, allergy |
| 2. | Mimosa pudica (L) | Chui- mui | Fabaceae | Whole plant | Bile &liver problem |
| 3. | Achyranthus aspera Linn | Latjeera | Amarnthaceae | Whole plant | Dissolve stone, piles |
| 4. | Biophytum senivatum | | Oxaqlidaceae | Leaves | Diuretic |
| 5. | Euphorbia hirta | Dudhi | Euphorbiaceae | Whole plant | Gynec problem |
| 6. | Merremia tridentala | Parasrani | Fabaceae | Leaves | Epilepsy |
| 7. | Justicia tronquobanensis | | Malvaceae | | Wound, cancerous |
| 8. | Euphorbia thimifolia wall | | Euphorbiaceae | Whole plant | Tonic, ear bleeding |
| 9. | Euphorbia microphila | | Euphorbiaceae | Whole plant | Stomach problem |
| 10. | Tridex procumbance(linn) | | Asteraceae | Whole plant | wound bleeding |
| 11. | Ocimum Americana. L. | Ban tulsi | Lamiaceae | Whole plant | Scorpion sting, eczema, B.P |
| 12. | Ocimum sanctum. L. mant | Tulsi | Lamiaceae | Whole plant | Fever, malaria, cough, worms, B.P |
| 13. | Sida acuta, Burn (kareta) | | Malvaceae | Leaves | Diabetes, dysentery |
| 14. | Sida cardifolia. L. | Bariana | Malvaceae | Leaves | Nerve weakness |
| 15. | Tephrosia purpurea. L. | Sarpankha | Fabaceae | Whole plant | Anemia, fever |
| 16. | Sphaeranthus indicus. L. | Gorakh – mundi | Asteraceae | Leaves, flower | Tooth ache |
| 17. | Sida rhombifolia. L. | Bala | Malvaceae | Whole plant | Cold cough, head ache, inflammation |
| 18. | Phyllanthus niruni webster | Bhumi amla | Euphorbiaceae | Whole plant | jaundice |
| 19. | Hemidesmus indicus R. Br. | Anat mool | Asclapiaceae | Whole plant | Blood purifier, skin disease |
| 20. | Aloevera . l. Burvi | Ghee kuari | Liliaceae | Whole plant | Increase memory, stomach problem |
| 21. | Eclipta prostrate. L. urban | Bhrangraj | Asteraceae | Whole plant | Cough cold, echzema, epilepsy |
| 22. | Calotropis procera Ait. R. Br. | Oak | Asclapiaceae | Whole plant | Eye disease, head ache |
| 23. | Boerhaavia diffusa. L. | Punarnava | Nyctaginaceae | Whole plant | Insect bite, cuts & wounds, fever |
| 24. | Argemone maxicana. L. | Pili kateri | Papavaraceae | Leaves, stem, root | Diuretic, worms, cuts & healing |
| 25. | Centella asiatica. L. urban | Bhramha | Apocynaceae | Whole plant | Brain tonic, clear vision |
| 26. | Zornia gibosa.L. | | Fabaceae | Whole plant | Sedative |
| 27. | Cynodon dactyolon. L. | Dube grass | Poaceae | Leaves | Vomiting |
| 28. | Butmea lacera (Burm.) | Cucurmeda | Asteraceae | Leaves | Arthritis |
| 29. | Abutilon indicus. G. don | Kanghi | Malvaceae | Leaves | Cold, cough, indigestion |
| 30. | Bacopa monieni Zinn. | Nir bhranhmi | Scrophulari-aceae | Leaves, root | Brain tonic, nerve |
| | | | | (whole plant) | improvement |
| 31. | Oxalis corniculata. L. | Teen patiya | Oxalidaceae | Whole plant | Piles, whole plant is good appetizer |
| 32. | Desmodium teifolium. DC. | | Fabaceae | Whole plant | Dysentery, stone removal |
| 33. | Rungia parviflora.L. | | Acanthaceae | Whole plant | Small pox |
| 34. | Indigofera tinctoria. L. | | Fabaceae | Whole plant | Bronchitis, jaundice |
| 35. | Datura alba L. | Datura | Solanaceae | Leaves | Asthma, skin problem |
| 36. | Cleome viscose Linn | | Caparidaceae | Whole plant | Cough, jaundice |
| 37. | Andrographis paniculata (Nees) | Chirayta | Acanthaceae | Leaves | Vermicide, cold, cough |
| 38. | Alternanthera sessilis. L. | | Amarnthaceae | Whole plant | Eye- complication |
| 39. | Barlaria primonitis. L. | Kantaphool | Acanthaceae | Leaves | Leucodermia |
| 40. | Vernonia cinerea. L. | Bunjatangi | Asteraceae | Leaves | Fileria, leucoderma |
| 41 | Cyperus escalentus L. | Month | Cyperaceae | Tuber, root | Eye disease, leprosy |
| 42. | Conchus arvensis | | Asteraceae | Leaves | Cuts & wounds |
| 43. | Eleusine coracava. L. | | Poaceae | Whole plant | Grain is acrid tonic, leprosy |
| 44. | Hiptis sauveolens. L. | Bantulsa | Labiaceatae | Whole plant | Pain |
| 45. | Convolvulus piuricaulis. L. | Shankh pushpi | Convolvulaceae | Whole plant | Pain,inflammation, memory |
| 46. | Amorphophallus campanulatus Linn | Suran kanda | Araceae | rhizome | Increase metabolic rate |
| 47. | Xanthium strumarium Linn | Gokhra | Asteraceae | Whole part of plant | Tooth ache, head ache, malaria |
| | | | | | |

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Table 2: Systematic Position and Enumeration of Shrubs and their uses

| S. No | Botanical Name | Vernacular Name | Family | Plant Part Used | Treatment |
|-------|------------------------------|-----------------|------------------|---------------------|-----------------------------|
| 1. | Thevatia nerifolia | Kaner | Apocynaceae | Whole plant | dysentery |
| 2. | Acacia nilotica. L. Del. | Babool | Fabaceae | Twig, bark | Twig commonly used |
| | | | | | tooth brush, piles |
| 3. | Zizyphus mauritiana Lam. | Ber | Rhumanaceae | Whole plant | Head ache, dysentery |
| | | | | (except root) | |
| 4. | Solanum nigrum.L. | Makoi | Solanaceae | Whole plant | Constipation, jaundice, |
| | | 77 1 1 | | 7 | piles |
| 5. | Nerium oleander. L. | Karber, kaner | Apocynaceae | Fruit & leaves | Cuts & wounds, |
| | 17. | NT: 1: | 37 1 | | leucoderma |
| 6. | Vitex negundo. L. | Nirgundi | Verbenaceae | | Cold cough, indigestion |
| 7. | Jatropha gossupifolia. L. | Ratanjot | Euphorbiaceae | Seed | Abdominal pain, nerve |
| | | | | | disorder |
| 8. | Thespesia lampus L. | Kapas | Malvaceae | Fruit, leaves | Swelling, arthritis |
| 9. | Bouganvilia septabilis | Kagaj phool | Nyctaginaceae | Leaves, flower | Diabetes |
| 10. | Anvona squamosa | Sitaphal | Anacandaceae | Seed, leaves, bark, | Snake bite, abortion, tooth |
| | | | | fruit | ach |
| 11. | Lantana camera Linn | Ghneri,chotra | Verbenaceae | Whole plant | bronchitis |
| 12. | Acacia Arabica L. | Subabool | Fabaceae climber | Whole plant | Tooth cleaner, cough, piles |
| 13. | Cissus quadrianularis | Hadjod | Vitaceae | Whole plant | Bone fracture, animal bite |
| 14. | Tinospora cardifola (wild) | Giloe | Menspermaceae | Leaves, twig | Heart problem, fever |
| | Miers | | | | |
| 15. | Asperagus racemosus (wild) | Satawar | Liliaceae | Root (tuber) | Root juice is energetic |
| 16. | Clitoria ternatea. L. | Aparajita | Fabaceae | Whole plant | Mental illness, spleen |
| | | | | | enlargement |
| 17. | Cuscuta reflexa(Roxb.) | Amarbel | Cuscutaceae | Whole plant | Heart problem, echzema |
| 18. | Hemidesmus indicus (L.)R.Br. | Anant mul | asclapidiaceae | Whole plant | Blood purifier, skin |
| | | | | | problem, cough |

Table 3: Systematic Position and Enumeration of Trees and their uses

| SN | Botanical Name | Vernacular Name | Family | Plant Part Used | Treatment |
|-----|---------------------------------------|--------------------|--------------|--------------------------------------------|------------------------------------------|
| 1. | <i>Butea monospora,</i> Lam Taub | Tesu, Parsa, Palas | Fabaceae | Leaves, bark, flower, fruit, seed | Abortion, leucoderma, fertility |
| 2. | Emblica officinals Gaerth | Amla, Aawla | Euphorbiceae | Leaves, bark, fruit | Anemia, bleeding, indigestion |
| 3. | Ficus racemosa. L. | Dumar/Gular | Moraceae | Leaves, bark, fruit, seed | Diabeties, |
| 4. | Ficus religiosa. L. | Peepal | Moraceae | Leaves, bark, fruit, root | Teeth problem, headache,asthma |
| 5. | Ficus benyhalensis. L. | Bargad/ Vat | Moraceae | Leaves, bark, fruit, root | Haie fall, |
| 6. | Mangifera indica. L. | Aam, aama | Anacandaceae | Fruit,inflorescence, flower, leaves, bark, | Cough, diabetes, tonic. |
| 7. | Albezia Lebbeck L. | Siris | Fabaceae | Twig, fruit | Bleeding gum |
| 8. | Dalberzia sissoo Rexb. | Shisham | Fabaceae | leaves | Lepracy fever |
| 9. | Maduca indica Gmel. | Mahua | Sapotaceae | leaves | Rideif pain |
| 10. | Pongamia pinnuta. L. | Karanj | Fabaceae | bark | Skin problems |
| 11. | Bahunia purpurea.L. | Khairwal | fabaceae | Bark, leaves | Ulcer |
| 12. | Delonix regia Boj. R. | Gulmohar | Fabaceae | Bark, leaves | Dismenorrhoea |
| 13. | Syzygium cumini skeel. | Badi jamun | Myrtaceae | Seed, fruit, leaves | Diabetes, Diorrhoea, Ulcer |
| 14. | Sanaka indica (Roxb) | Ashok | Fabaceae | Fruit, bark, flower | Uterine affection, leucoderma, |
| 15. | Eucalyptus globulas Labill | Nilgiri | Myrtaceae | Fruit, seed, leaves, bark | Cold & cough |
| 16. | Aegle marmelos corrce | Bel | Rataceae | Fruit, leaves | Jaundice, ambiacsis, BP |
| 17. | Moringaq olerifera Lamk. | Munga | Moringaceae | Fruit, leaves, flower, root, bark | Sickle cell anemia,BP |
| 18. | Terminalia arjuna Roxb. | Kahua | Combretaceae | Bark | Control high BP, cardiac disease, Asthma |
| 19. | Cassia fistula.L. | Amaltas | Fabaceae | Fruit, bark, leaves | Tonsils, cough, constipation |
| 20. | Terminalia bellirica (gaerth) Rox. | Baheda | Combretaceae | Seed, fruit, bark | Cold, cough, eye disease, asthma, tonic |
| 21. | Terminalia chebula Rez | Harra | Combretaceae | Leaves, seed, fruit | Cold, cough, asthma |
| 22. | Azadirachta indica A. Juss | Neem | Meliaceae | Fruit, seed, bark | Small pox, skin |
| 23. | Terminalia indica (Linn) | Imli | Fabaceae | Whole plant | SCA, cough, pitta problem |

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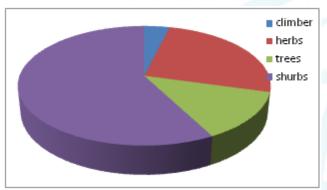
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Table 4: Showing Name of Study Sites for survey of Diversity in Bhilai

| S.No. | Area |
|-------|----------------------------------------|
| Ax 1 | Sec 9, Sec 10 Chowk, Boriya Gate |
| Ax 2 | Sec 1, Sec 2, Sec 4, Sec 5 |
| Ax 3 | Sec 6, Sec 7, Sec 8 |
| Ax 4 | Garage Road, Hudco Area, Forest Avenue |
| Ax 5 | Central Avenue |
| Ax 6 | Borsi Area |
| Ax 7 | Garage Road, |
| Ax 8 | Suniti Udyan, Sec 2 Garden |
| Ax 9 | Upper Land Of Bridge Area |
| Ax 10 | Supela & Power House Area |

Table 5: Distribution of plan Medicinal Plant species according to habitat type

| 8% | Climber |
|-----|---------|
| 53% | Herb |
| 27% | Tree |
| 12% | Shrubs |



Graph 1: Distribution of plant species according to habitat type

The data of plant species were collected different sites of Bhilai Nagar. The names of study site shown in Table-1. The collected plant species were documented & their medicinal uses against ailments are shown in Table-2. The name of plant species are arranged in alphabetically manner followed by their vernacular names, plants part used against diseases are also recorded family Asteracae and family Fabaceae shows maximum plant species in all categories other families.

Observation indicates that out of 927 plant species 10% trees are unhealthy, shrub & herb groups are comparatively healthy trees are infected by fungal & insect infection or wilting dying or many other physiological disorder 2.2% of plant trees species are found to be climax stage because they complete their life cycle successfully. 3% of trees are injured by advertisement hording & unpleenth nailing which damage the conducting tissues of plant & finally plant species die.

4. Discussion

During the survey period hundred medicinal plants including weed flora of road side are identified for the treatment of various ailments. Considering previous studies & present survey indicates that such types of Ethno-medicinal diversity of the plants may be useful for mankind. According to Gangwar *et.al* villagers & tribes still use medicinal herbs for

treatment of common ailments like cold, cough, fever, headache, body ache, constipation, dysentery etc. but civilian are not relay the herbal therapy without suggestion of experts. Hence there is an urgent need of detailed experiments & investigations of the indigenous knowledge about medicinal plants and therapies which were being passed orally from generation to generation.

For the conservation of this green wealth we implement some rules such as:-

- To identified the name of trees & families & labeled it.
- For protection non-palatable plant grown around the large trees, wires & fencing are common protective options.
- Prohibit cutting, trimming or firing.
- All trees on the road side should be monitored at least monthly basis.

According to R. Dangi to form a tree committee & govern the trees and coordinate with Forest department to help conserve them. Best committee should be rewarded with tax rebates for entire neighborhood. Perhaps this measure could help to sustain the green wealth of Bhilai-Nagar.

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